



COMMUNITY FOUNDATION
OF NORTHERN COLORADO

COMMUNITY IS OUR BUSINESS



PHILANTHROPY LEARNING LAB

September 26, 2024

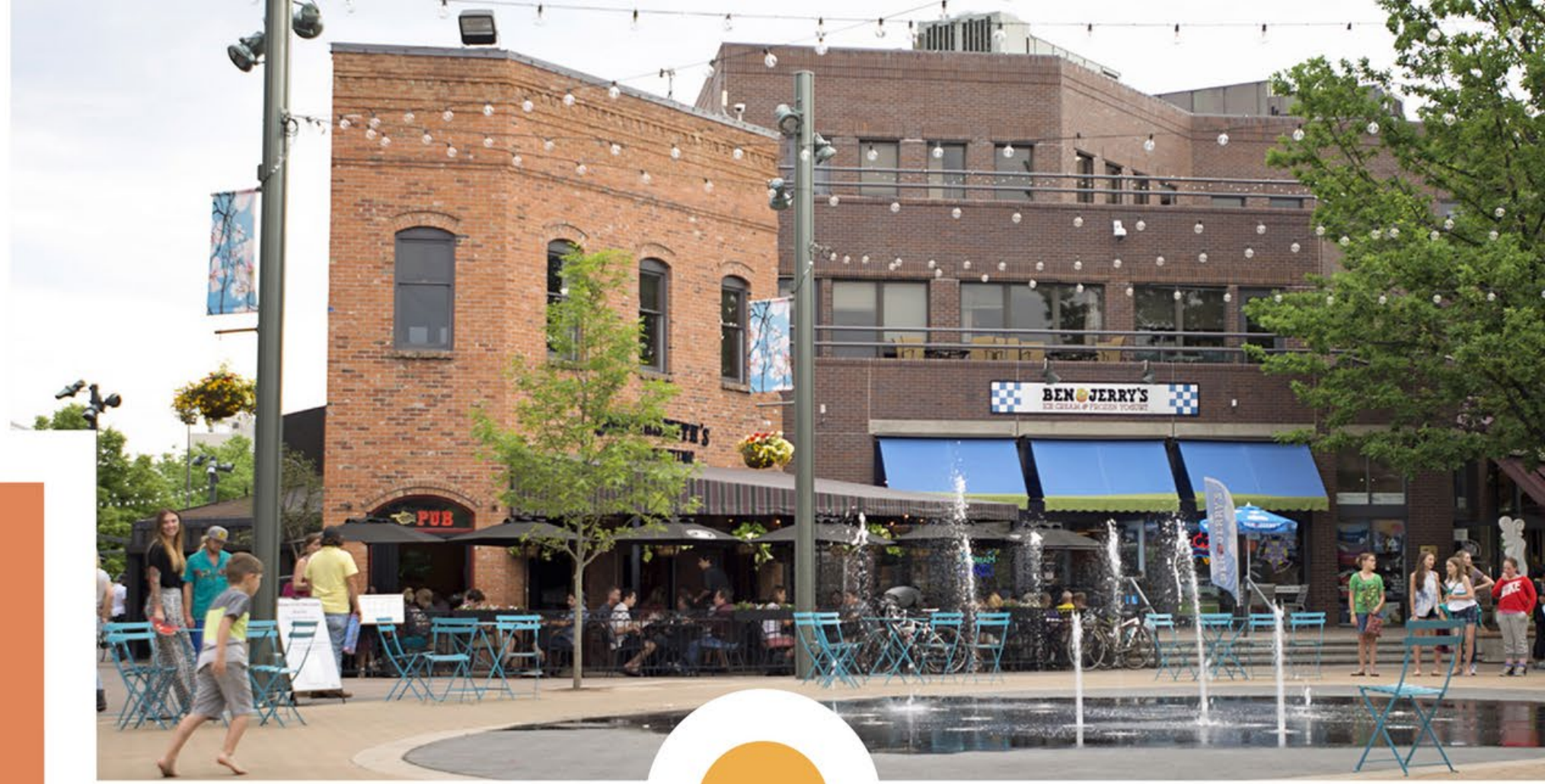
Connecting Generations:
Landscape of Senior Needs and Services in NoCo



**COMMUNITY FOUNDATION
OF NORTHERN COLORADO**

Northern Colorado Intersections

**PURSUING REGIONAL
WELL-BEING**



Community Conversations



Six areas of Concerns

Housing

Information Referral

Mobility-Transportation

Care Management

Patient Education

Volunteers

What is the Partnership for Age-Friendly Communities doing to help?



Connecting

Finding ways to help community members stay connected to the many resources Larimer County offers.



Supporting

Incubating programs and resources that will help people thrive as they age.



Creating

Creating opportunities for information to be shared with community members in a forum where their questions can be answered.



OUR VISION:

*Larimer County is a community in which
older adults flourish as they age.*



PAFClarimer.org





Our Mission:
Foster leadership
and strong community
collaborations to
enhance the quality of
life for older adults in
Larimer County.

PAFClarimer.org



Four Priority Groups

- **Housing**- a variety of housing options sufficient to meet individual needs.
- **Health and Wellness**- optimal emotional, physical and spiritual health.
- **Mobility and Access**- transportation options to ensure access to key services and quality of life opportunities.
- **Culture of Aging**- positive community attitudes, values and behaviors with regards to aging.





Using Self-Directed Volunteer Teams (SDVTs)



Teams made up of older adults

Have expertise subject matter

Have time to dedicate to project

Work on project 3-6 months

Set goals, outcomes, timelines

PAFClarimer.org





Tech Buddy Support Program

12-15 Volunteers providing Tech Support to Older Adults

Basic Digital Literacy

Person-to-person support

Offered in home to older adults and in clinic style settings such as Library, Housing Communities, Senior Center

Profit From Experience

- ▶ PFE is a project created by our Age-Friendly Workplace Initiative team to inform business owners and HR teams about the many benefits of hiring and retaining an age-diverse workforce, including:
 - ▶ Increased productivity
 - ▶ Increased profitability
 - ▶ Mentorship opportunities
- ▶ We recently partnered with the Larimer County Workforce Center to extend outreach across more businesses in Larimer County via the Workforce Innovation Grant.
 - ▶ Employers will find the talent they need
 - ▶ Employees 55+ will be placed in full-time positions



Launched Projects

- ▶ Senior Access Points: a wealth of online resources across Larimer County for older adults, their caregivers, and family members
- ▶ Sound Affects
- ▶ A Little Help
- ▶ Dementia Together
- ▶ Neighbor to Neighbor- HomeShare
- ▶ Tech Buddy Support
- ▶ Workforce Initiative
- ▶ Zoom Project
- ▶ Walkability Assessments
- ▶ Online Virtual Catalog
- ▶ Red Feathers Lake Rural Food Pantry
- ▶ LifeLong Housing- Should I stay or Should I go
- ▶ Manufactured Homes-Mobile Home Resource Guide to 5,000 residents
- ▶ One Call One Click- RideNOCO

PARTNERSHIPS & COLLABORATION

Commissioner's Office

Red Feather Colorado **AARP** **NFRMPO** Columbine Health Systems
CHS Center CSU Media Services **Office on Aging** Wellington Center for Health Aging
for Healthy Aging **Lifelong Colorado** **UC Health** **Colorado State**
Health District **DOLA** Housing Catalyst **Poudre Schools** **University Extension**
Workforce and Laporte **Poudre Fire Authority** *Sharing the Care*
Economic Banner Health **VOA** *Bohemian Foundation*
Development NOCO HBA **PAF C** Poudre Libraries **CDOT** Fort Collins
CSU Center Neighbor to Neighbor Partnership For Age-Friendly
Communities in Larimer County **RAFT** Department of Senior Advisory Board
for Public **Division of Housing** **Next50 Initiative** Health and Environment CSU
Deliberation Columbine Health System **Fort Collins** **CHAWA** Windsor Human Development
El Pomar Foundation Thompson Libraries United Way **Community Planning, and Family Studies**
Estes Park *A Little Help* **Loveland** Infrastructure and Resources
ENGINEERING *Dementia Friendly Communities*
Loveland Housing Authority **Thompson Schools** CSU INSTITUTE FOR
Eldercare Network **Berthoud** **VIA** THE BUILT ENVIRONMENT



A Little Help

Connecting neighbors
to help older adults
thrive



DID YOU KNOW?

The population of Coloradans aged 65 and older is growing at 4x the rate of those aged 64 and under.

80% of older adults say they lack the financial resources to cover the care they will likely need in the future.

More than 40% of adults over the age of 60 report frequent feelings of isolation and loneliness, impacting both mental and physical wellness.

Around 1% of all philanthropic dollars public and private are dedicated to adults over 65.





WHETHER A PARENT, GRANDPARENT, AUNT, UNCLE, OR EVEN A NEIGHBOR, THERE MAY COME A TIME WHEN AN OLDER ADULT CLOSE TO YOUR HEART NEEDS A LITTLE HELP.

Who We Are



Formed in 2005 by a group of Washington Park neighbors, ALH helps older neighbors age well in place by connecting them to an important resource that is plentiful in every community: good neighbors.

Launched in Fort Collins in 2016 followed by Berthoud and Loveland. In 2022, ALH expanded its services into western Weld County (Windsor/Severance, Johnstown/Milliken).

We lighten the load and brighten the days of our older members so they can age well at home through services such as yardwork, transportation, snow shoveling, handy help, friendly visits and more.

Program Areas A Little Help Impacts

Eldercare

**Affordable
Housing**

Mental Health

Volunteering

**Neighborhood
Beautification**

**Intergenerational
Connection**



A LITTLE HELP

How We Serve

The core of our services are provided by compassionate volunteers throughout Larimer County. More than 500 older adults throughout Larimer County receive services from A Little Help volunteers.

Individual Volunteering

- 18 years and older
- Background check required
- Flexible schedule (no minimum hours required)
- 400+ background checked volunteers in Larimer County

Group Volunteering

- Available for groups of 6 or more (corporate, faith-based, school, civic)
- All ages are welcome
- Ditch the Desk program: Spring yard cleanup
- Service Saturdays: Fall yard cleanup
- Kindness Kits
- 300+ group volunteers

Philanthropic Support

- Grants: Federal, State, Local, and Private
- Individual giving: Colorado Gives, planned giving
- Fundraising events: TONIGHT! Big Bash of Blues



Impact

We believe A Little Help is the most creative and financially efficient affordable housing solution for older adults in the State.



A Little Help is a nationally awarded model in the Village-to-Village network.

80% of our survey respondents report that ALH has helped them stay in their homes at least three additional years.

92% of survey respondents had some level of difficulty accessing resources that ALH now provides them.

2024: Completed 1300 individual service requests in Larimer County (not including group volunteering)

2024: Provided more than 3500 service hours to older adults in Larimer County

We estimate that our annual economic impact is over \$30M to families and taxpayers of Colorado.

Ellie

92. ALH Member Since 2018 and Former Avid Cyclist

“My ALH volunteer comes to my home once a week or twice a month and we have become really dear friends. She is absolutely lovely. She does the housekeeping I can't do because of my knees. The vacuuming is especially helpful. She has even helped my son who has autism.

ALH has helped me live in my home three years longer than I thought I could, and I want to stay as long as I can. I am so grateful.”

Creating
friendships &
combatting
isolation





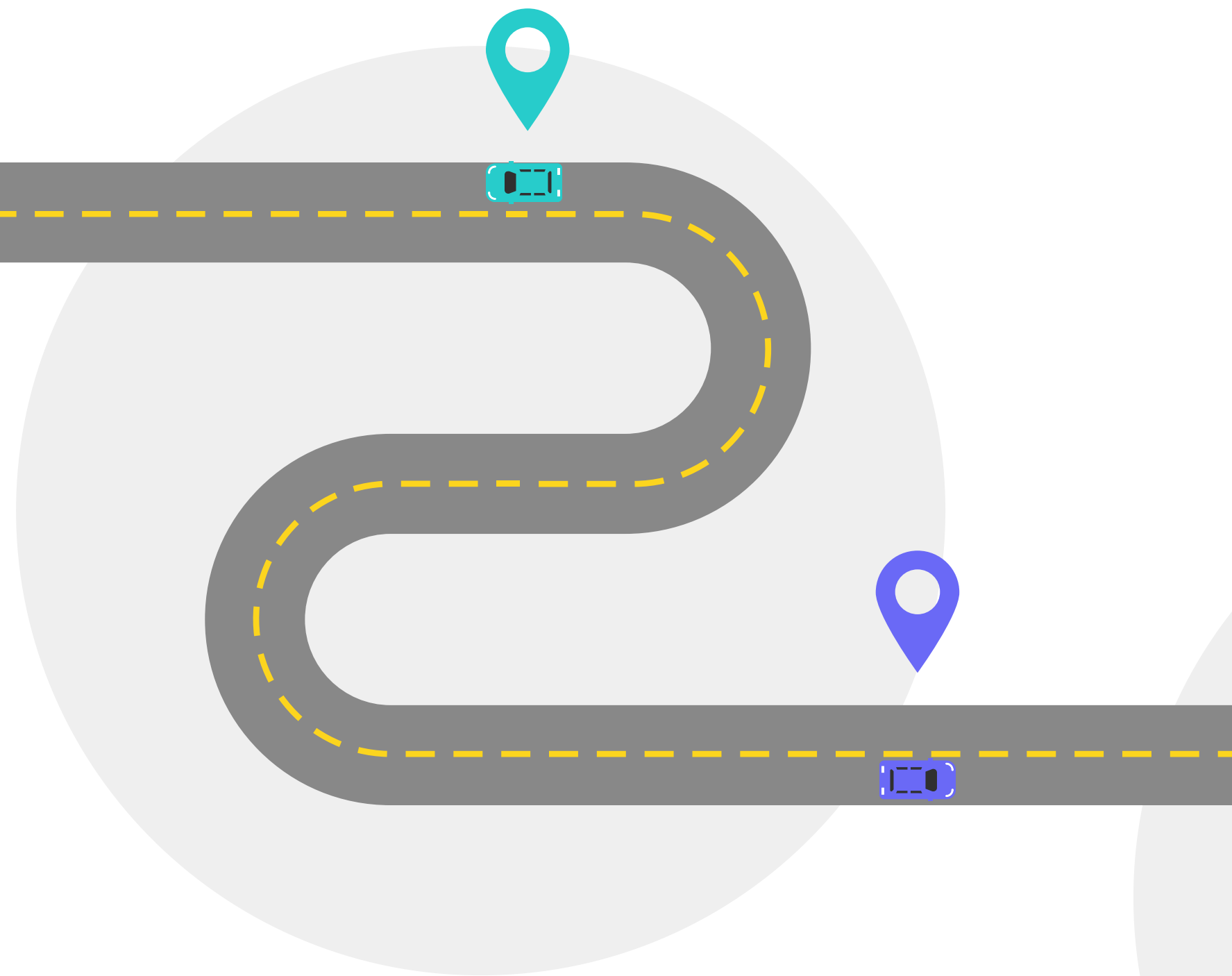
A LITTLE HELP

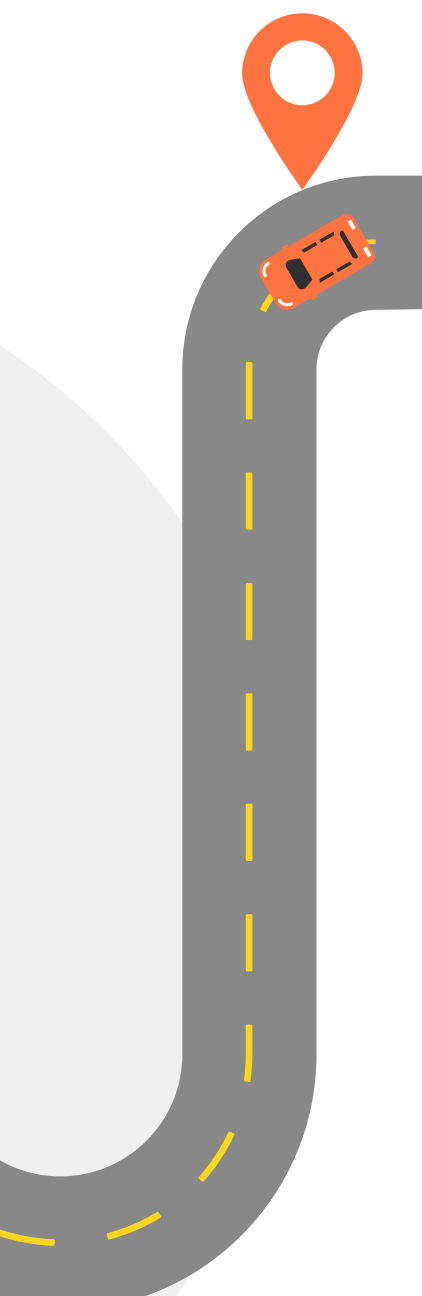
Colleen Meyer
Northern Colorado Director
colleen@alittlehelp.org
www.alittlehelp.org
970.829.8525





SAINT's mission is to help seniors and people with disabilities maintain their independence and self-sufficiency by providing connections to the community through personalized, door-to-door transportation.





“With SAINT, we (drivers) feel that what we do is in some way life sustaining to our clients. But that works both ways; they are sustaining our lives as well by allowing us to continue being productive and active.”

—**Bill H**

SAINT driver of 18 years



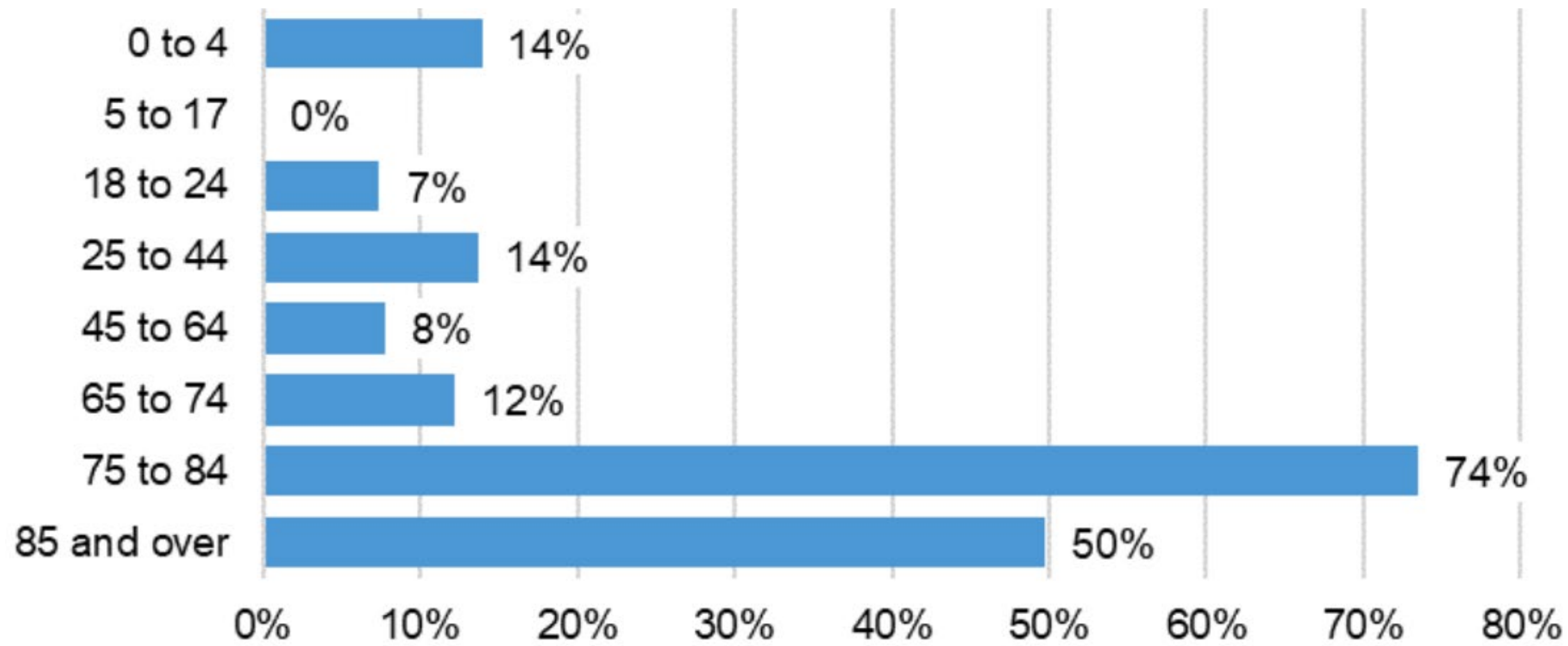


Landscape

Transportation needs of our aging
community and associated concerns

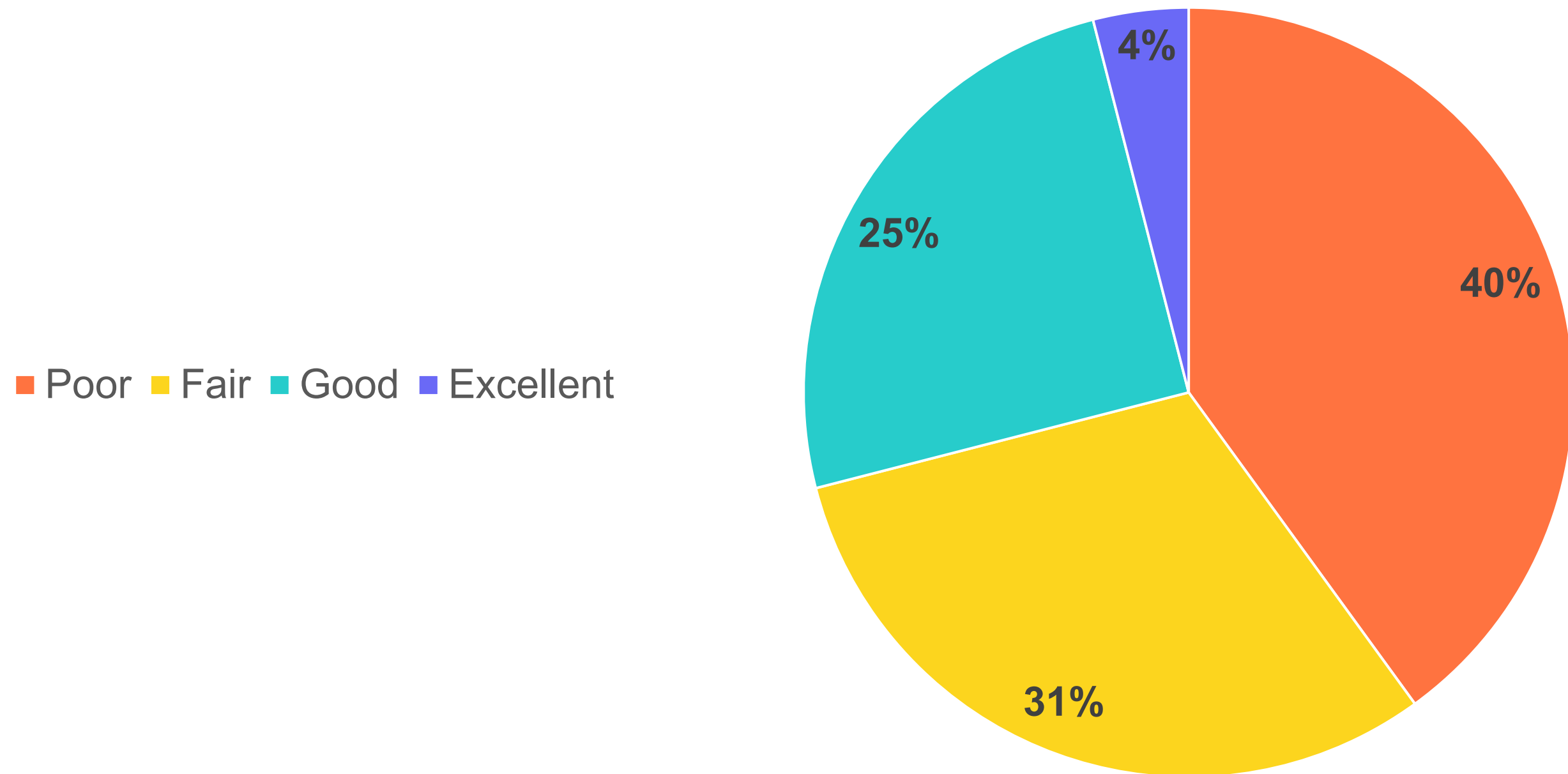
Aging Population 2020-2030

Projected Percent Change by Age Group - Larimer County



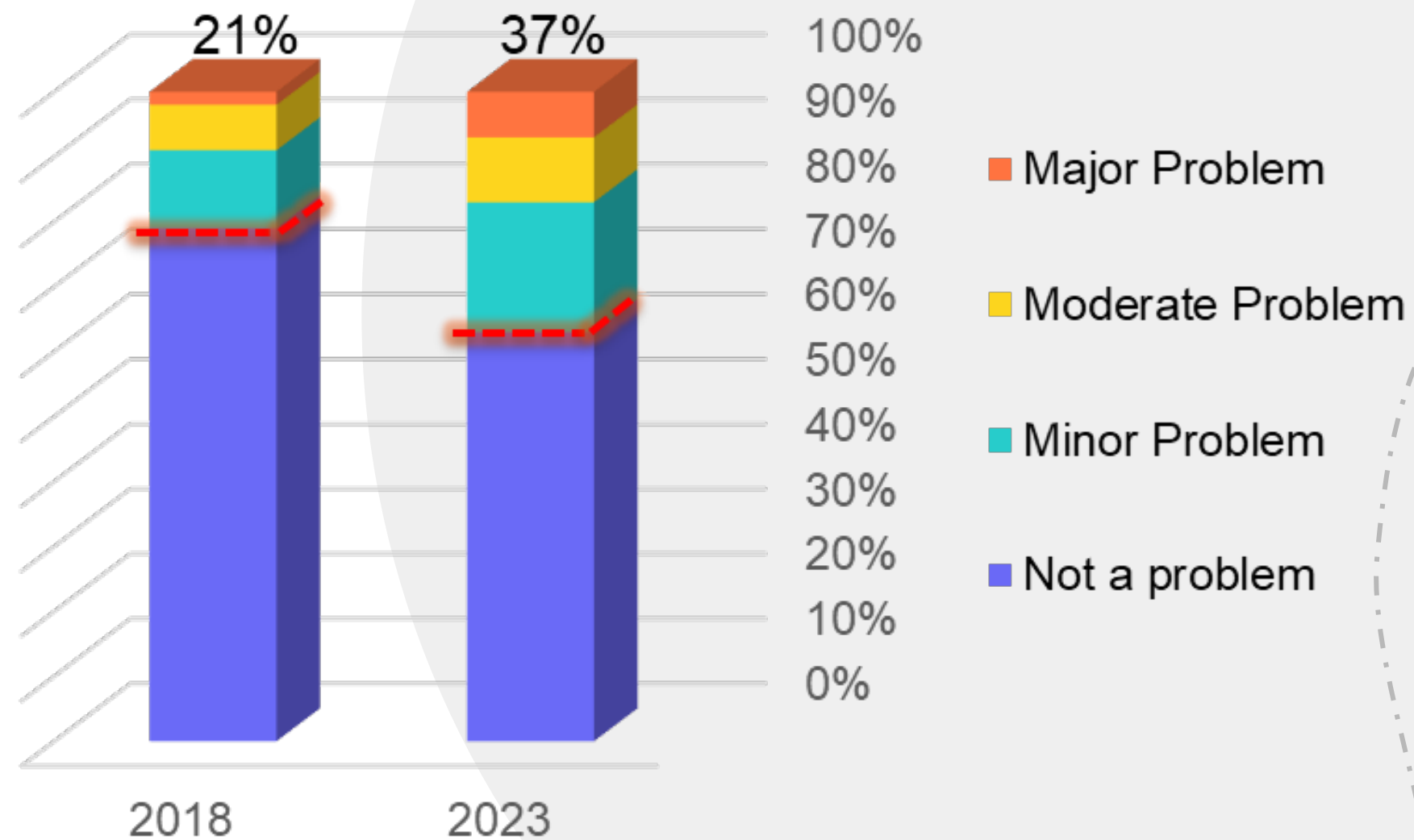
Community Response

Ease of travel by public transportation



Community Response

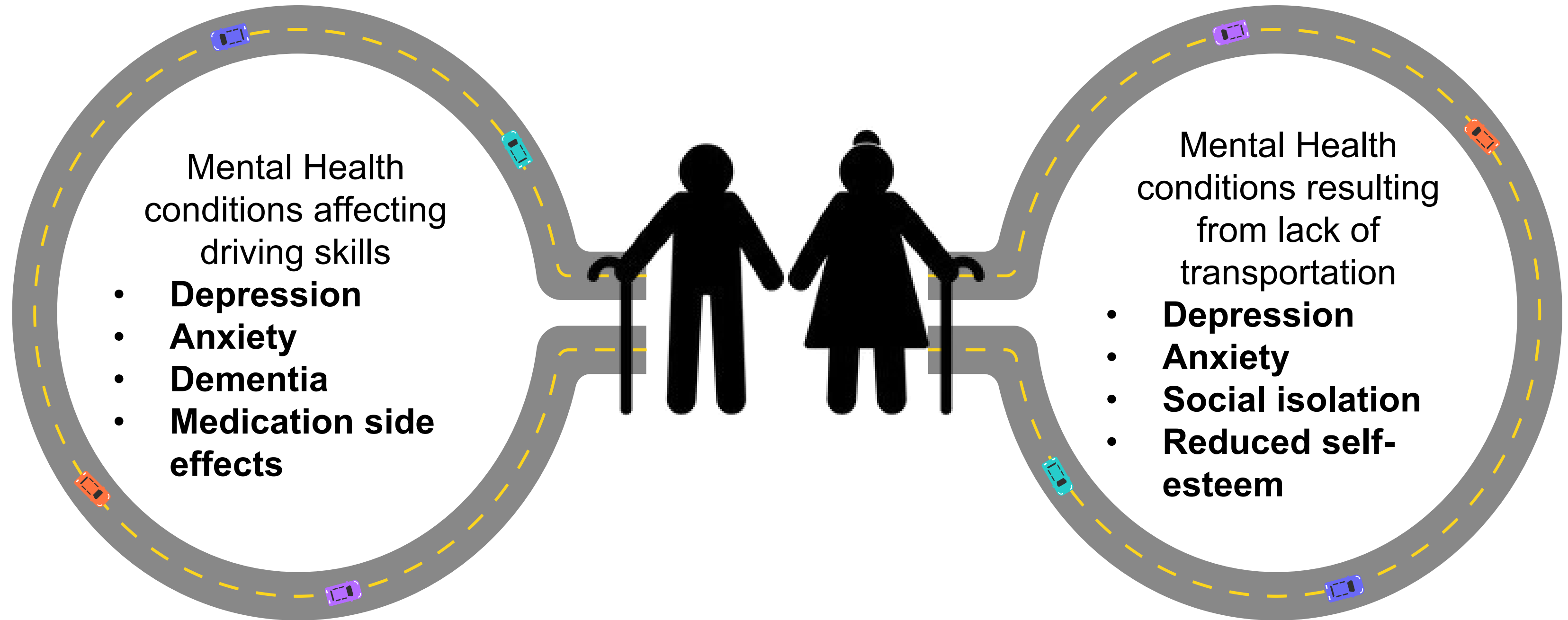
Finding safe, affordable transportation



Mobility is a major need *(at time of survey)*

Surveyed	Percent
All	18%
Hispanic	26%
Poverty	25%

Associated Factors



Associated Factors

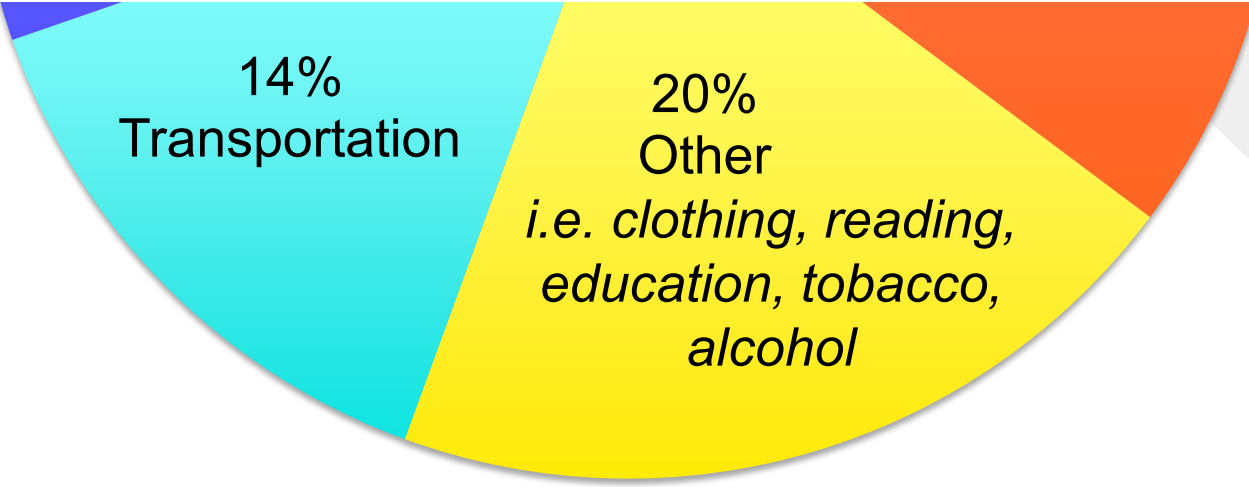
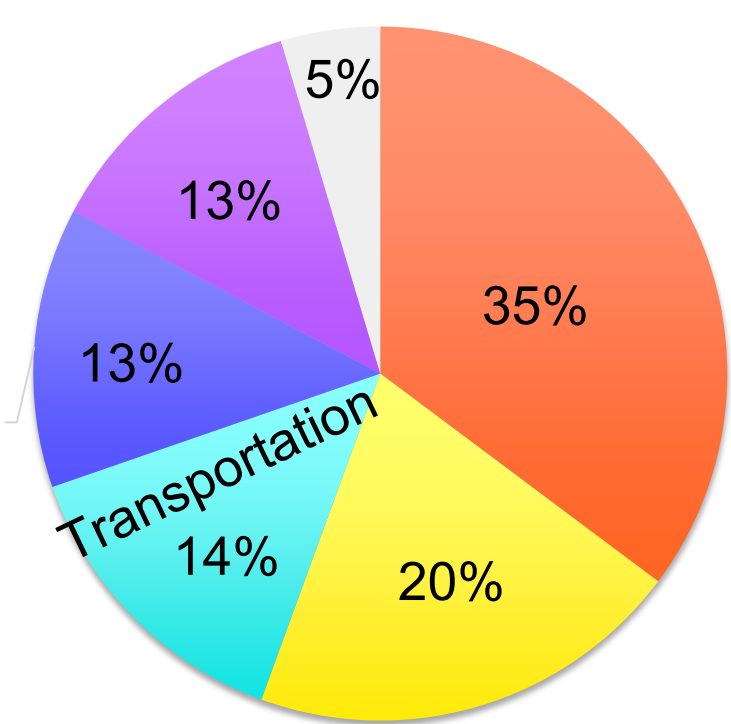
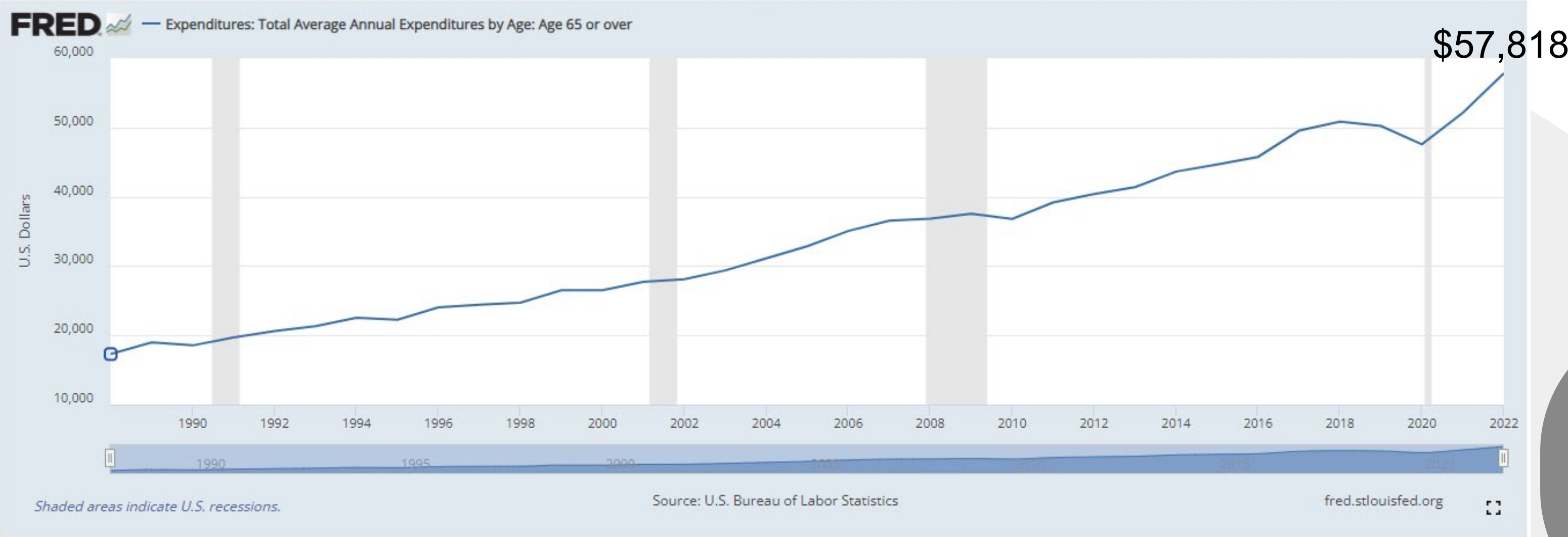


“More than 1 in 5 adults with limited public transit access forgo health care because of transportation barriers.”






—Robert Wood Johnson Foundation



Associated Factors



Landscape overview

	The aging population of Northern Colorado is increasing exponentially
	Transportation is a huge felt need
	Public transportation is not viewed favorably
	Incomes are strapped and transportation is already the second largest expenditure
	The lack of transportation is causing mental and physical harm



Outcomes

FY2024





Rides provided

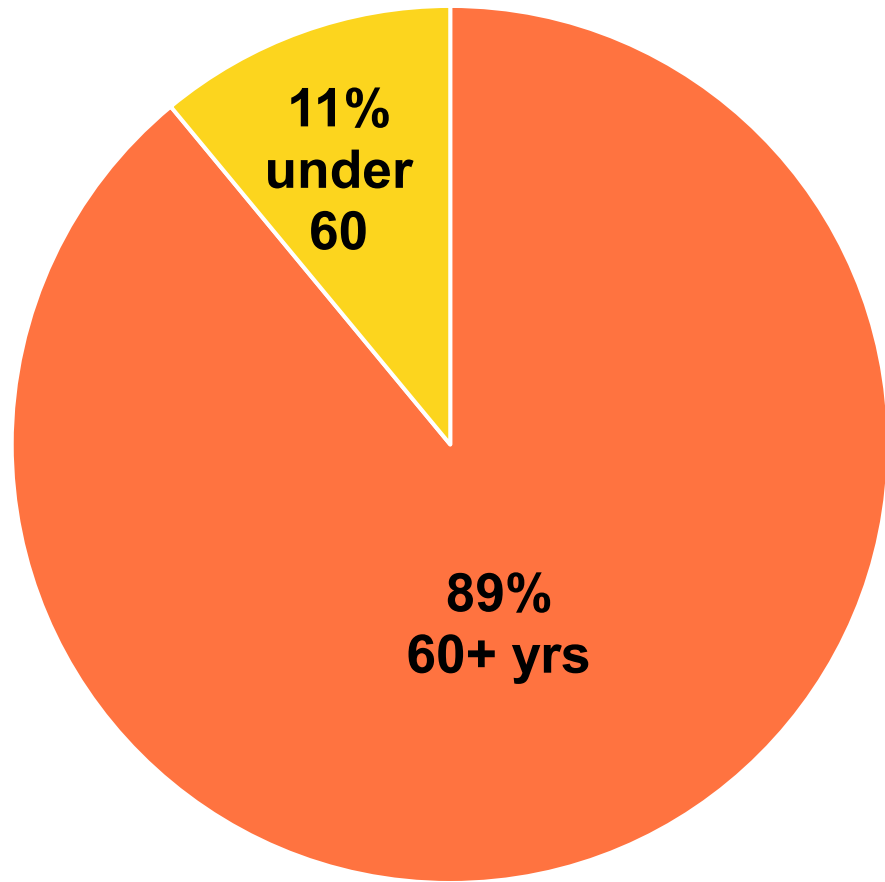


Clients served

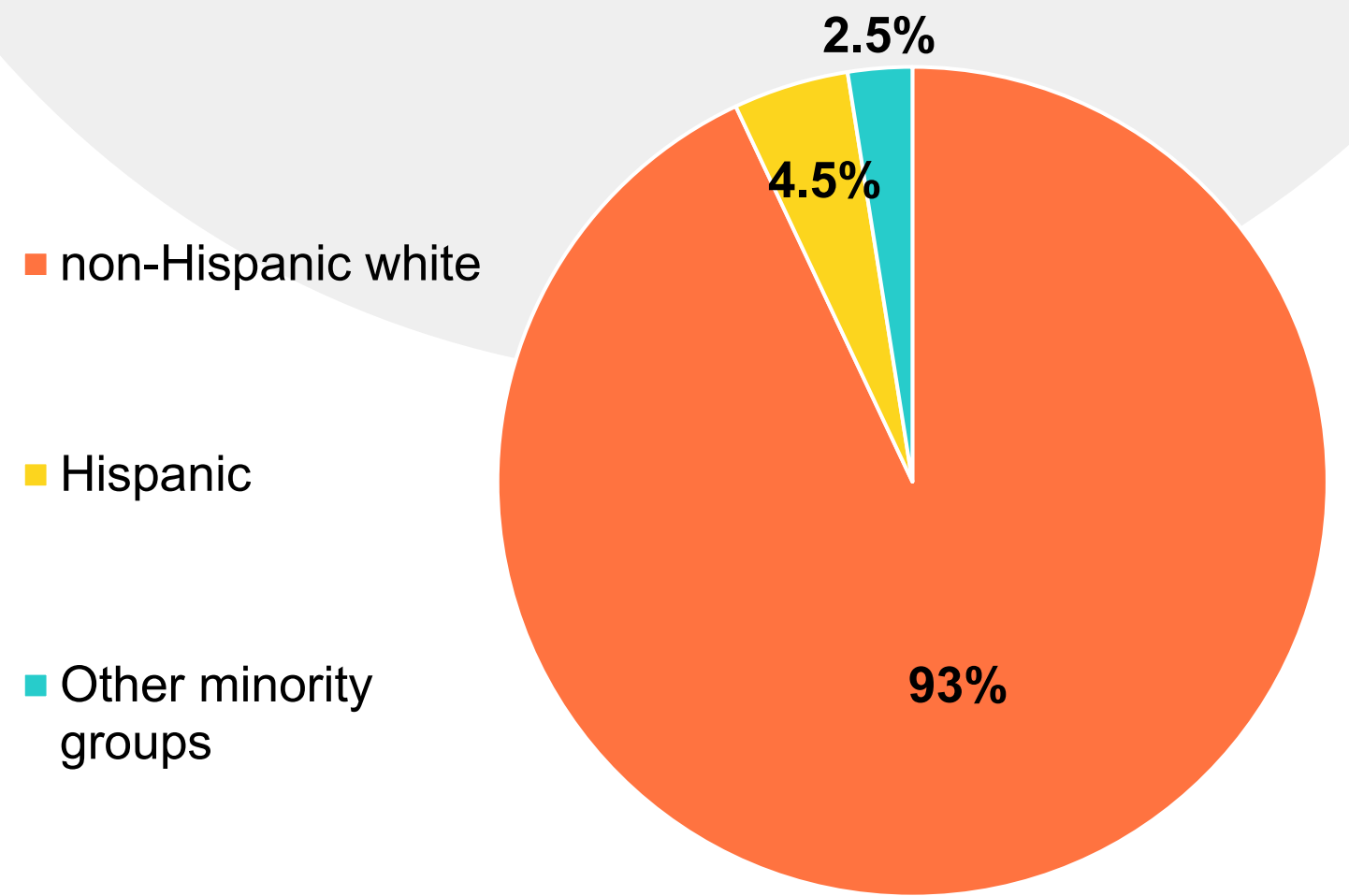


Amazing volunteer drivers

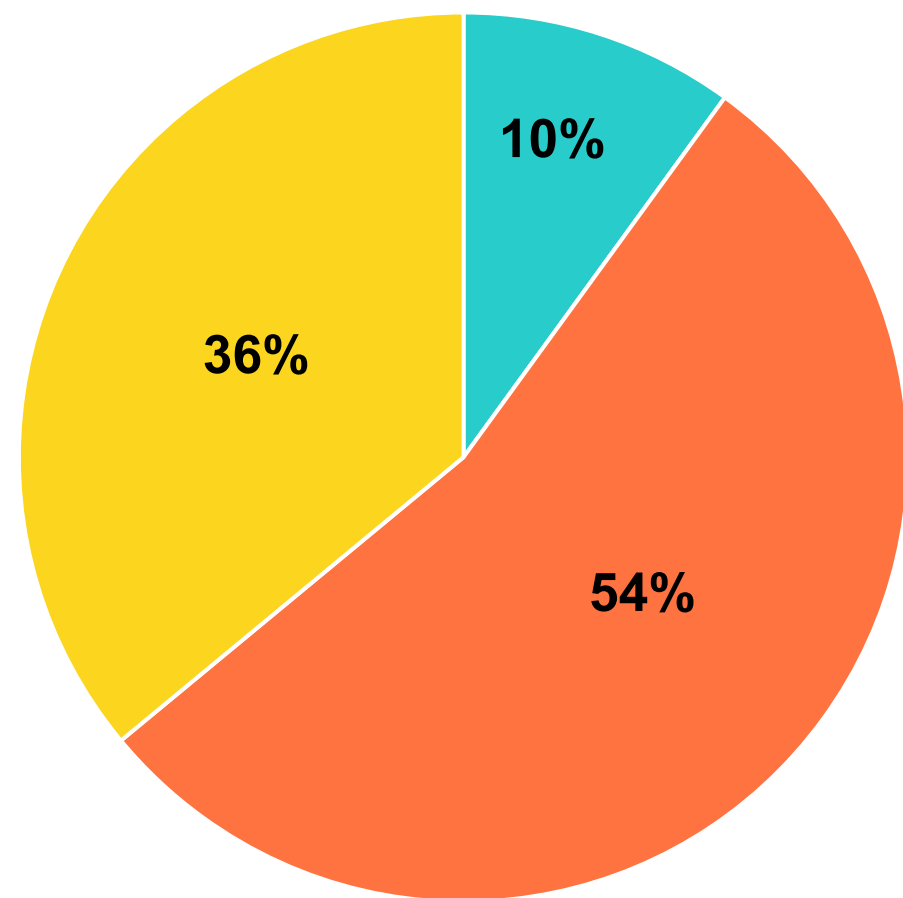
Client Age



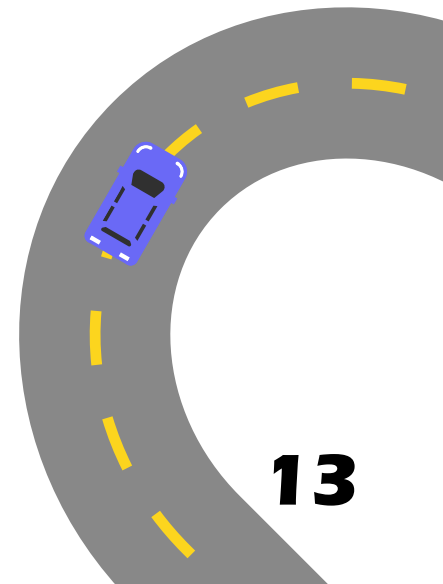
Ethnicity/Race



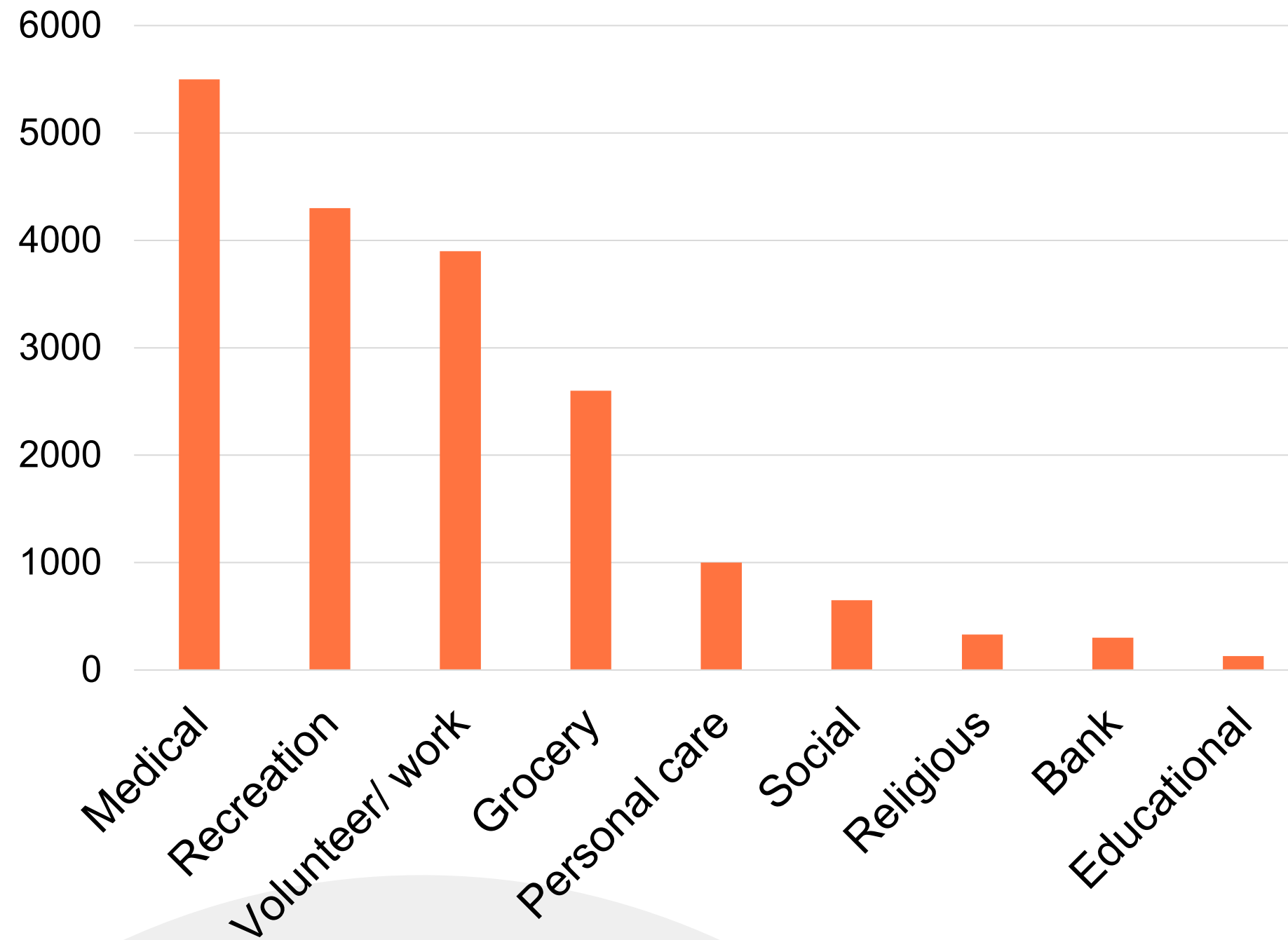
Income



■ Above ■ Low Income ■ Poverty



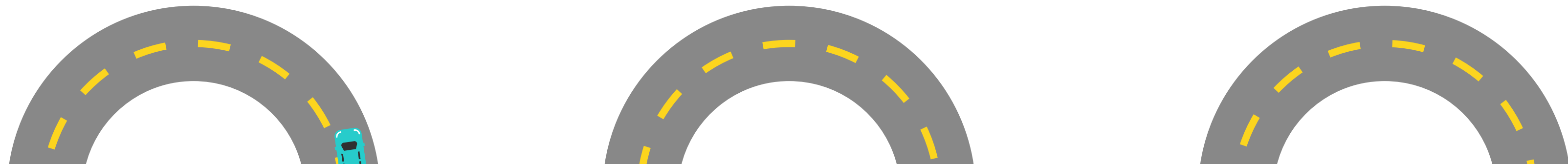
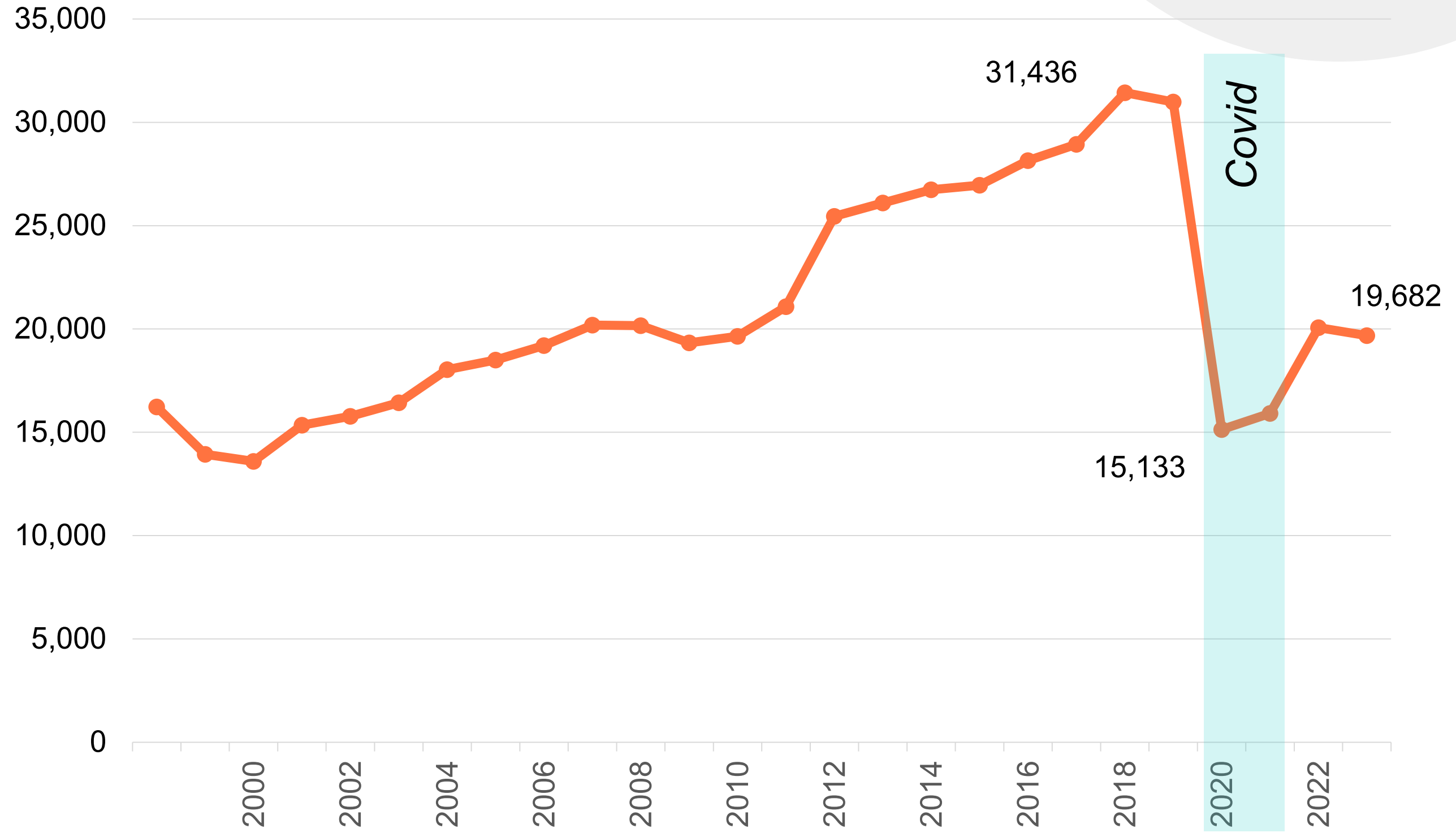
Ride Purpose



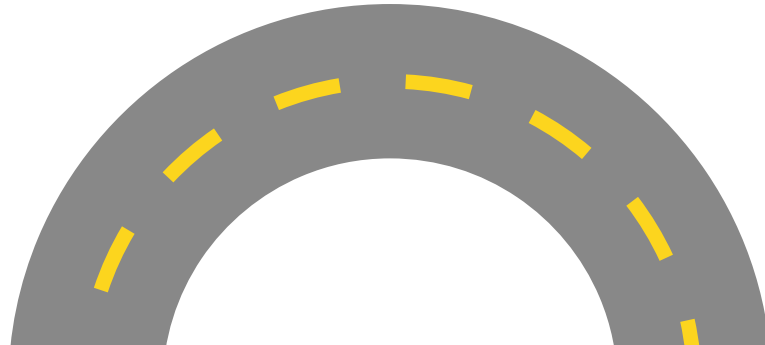
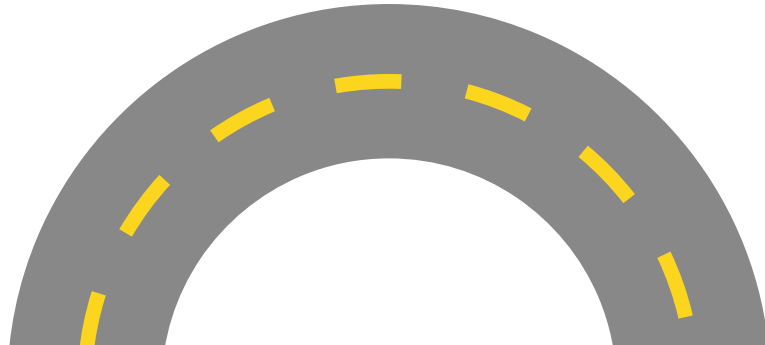
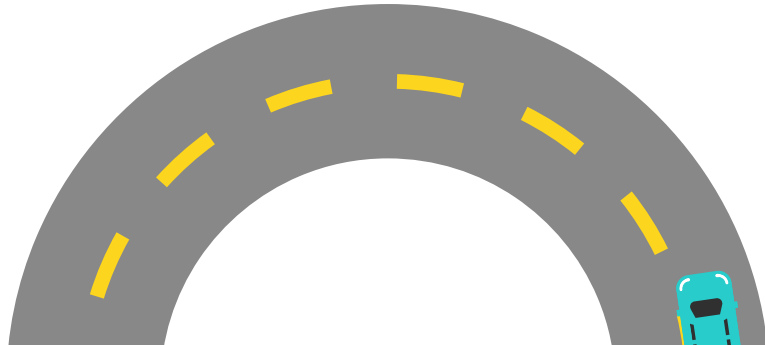
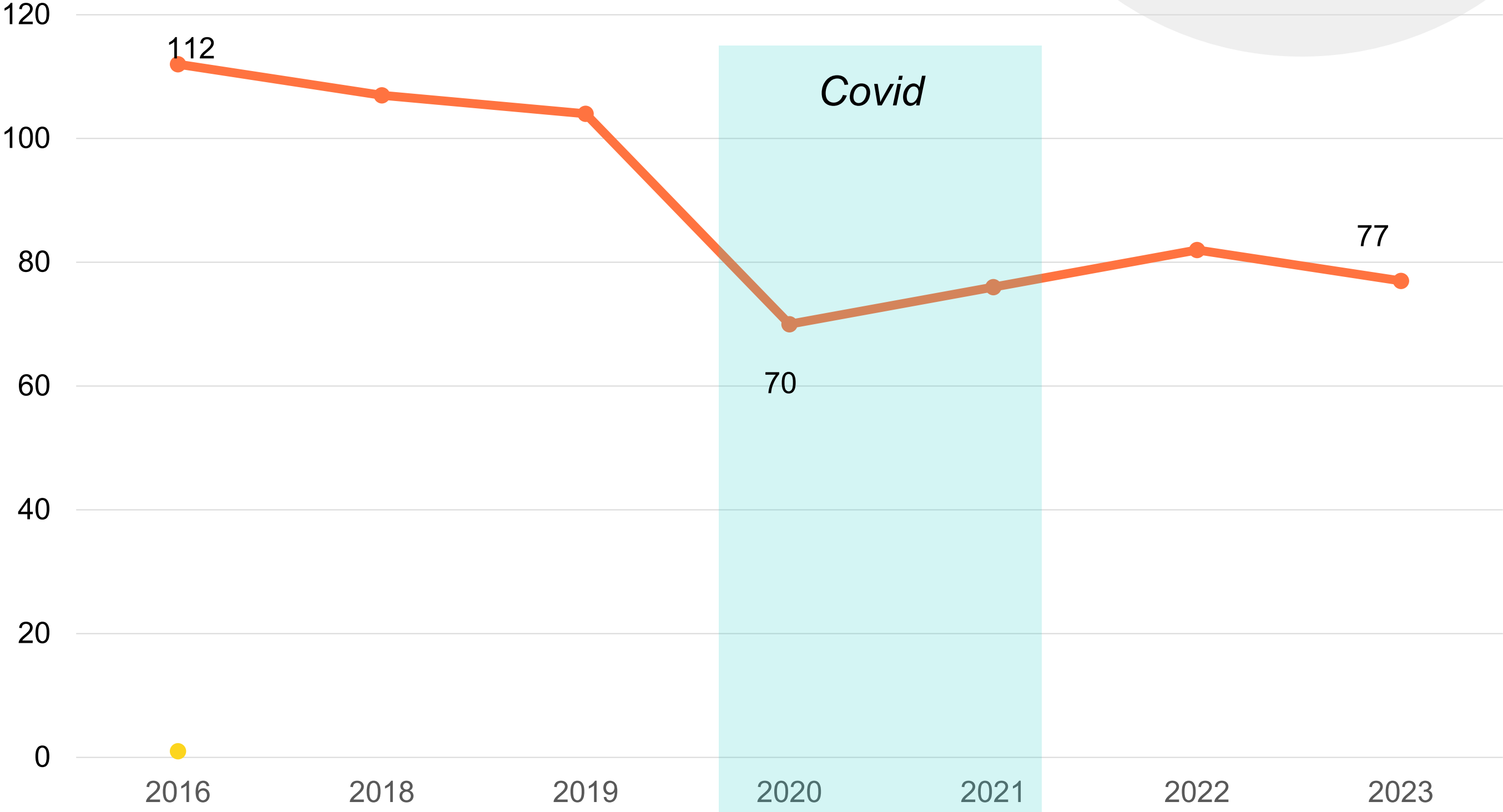
Over 130 rides for educational classes

Over 300 rides to the bank

SAINT Ridership 1998-2023 (calendar year)



Average Volunteers 2016-2023 (calendar year)



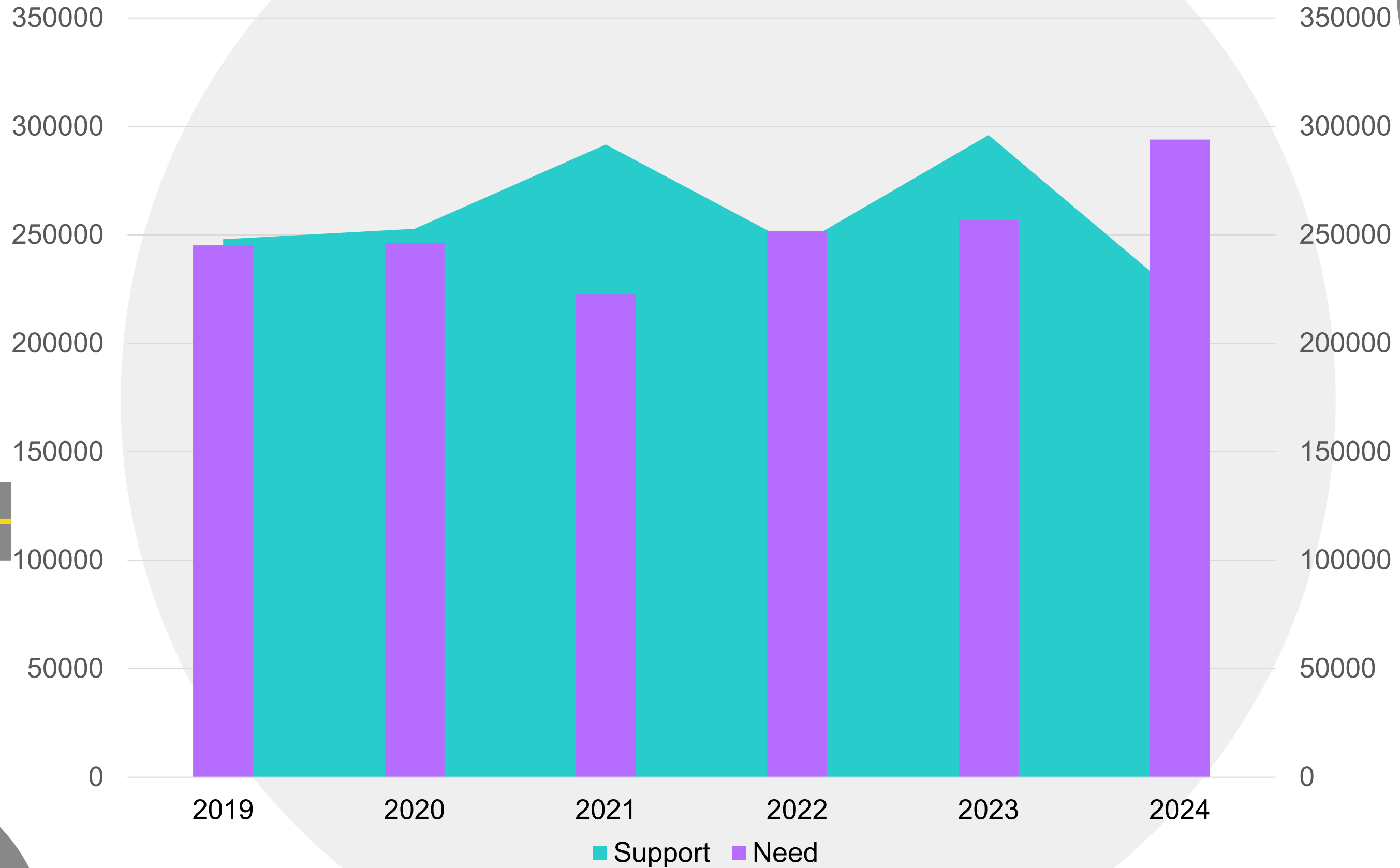
Partnerships



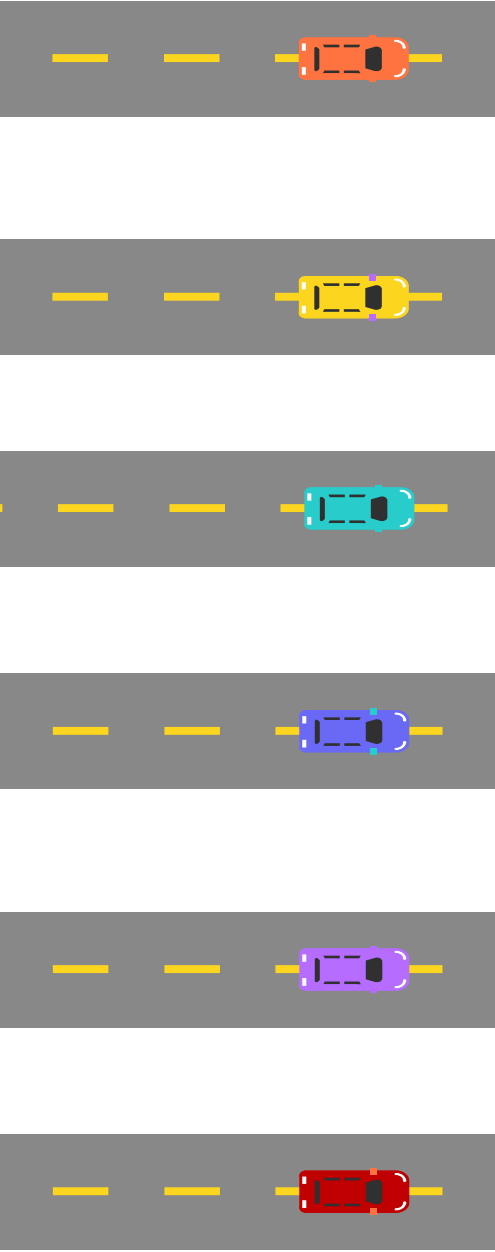
The background features a stylized grey road with a dashed yellow center line that curves across the top and bottom of the page. A small teal car is on the road in the upper left, and a blue car is on the road in the lower right. A teal location pin icon is centered above the text. Large, light grey circles are partially visible in the corners.







Philanthropy

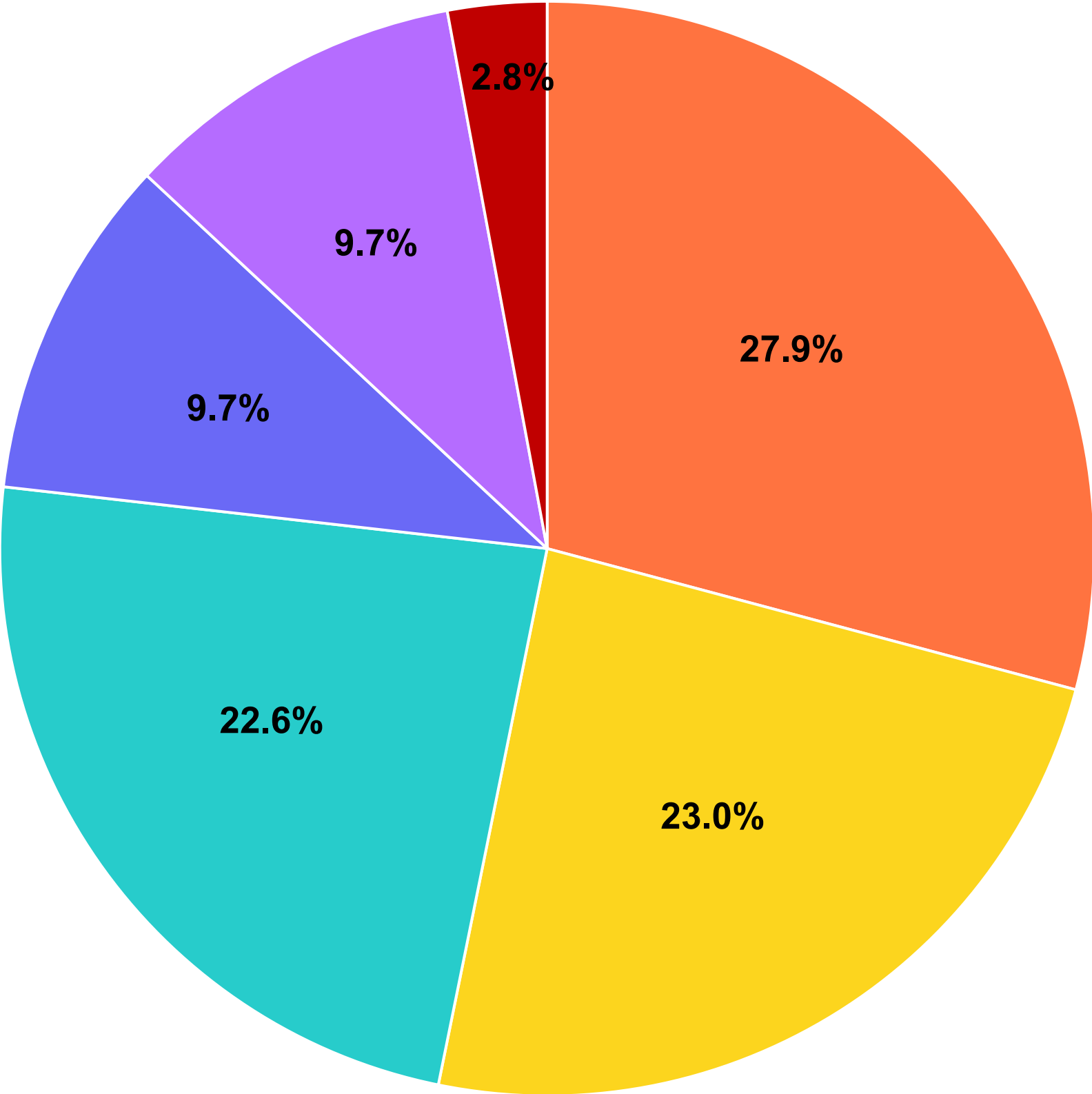
Program Support vs Program Need



Program Support

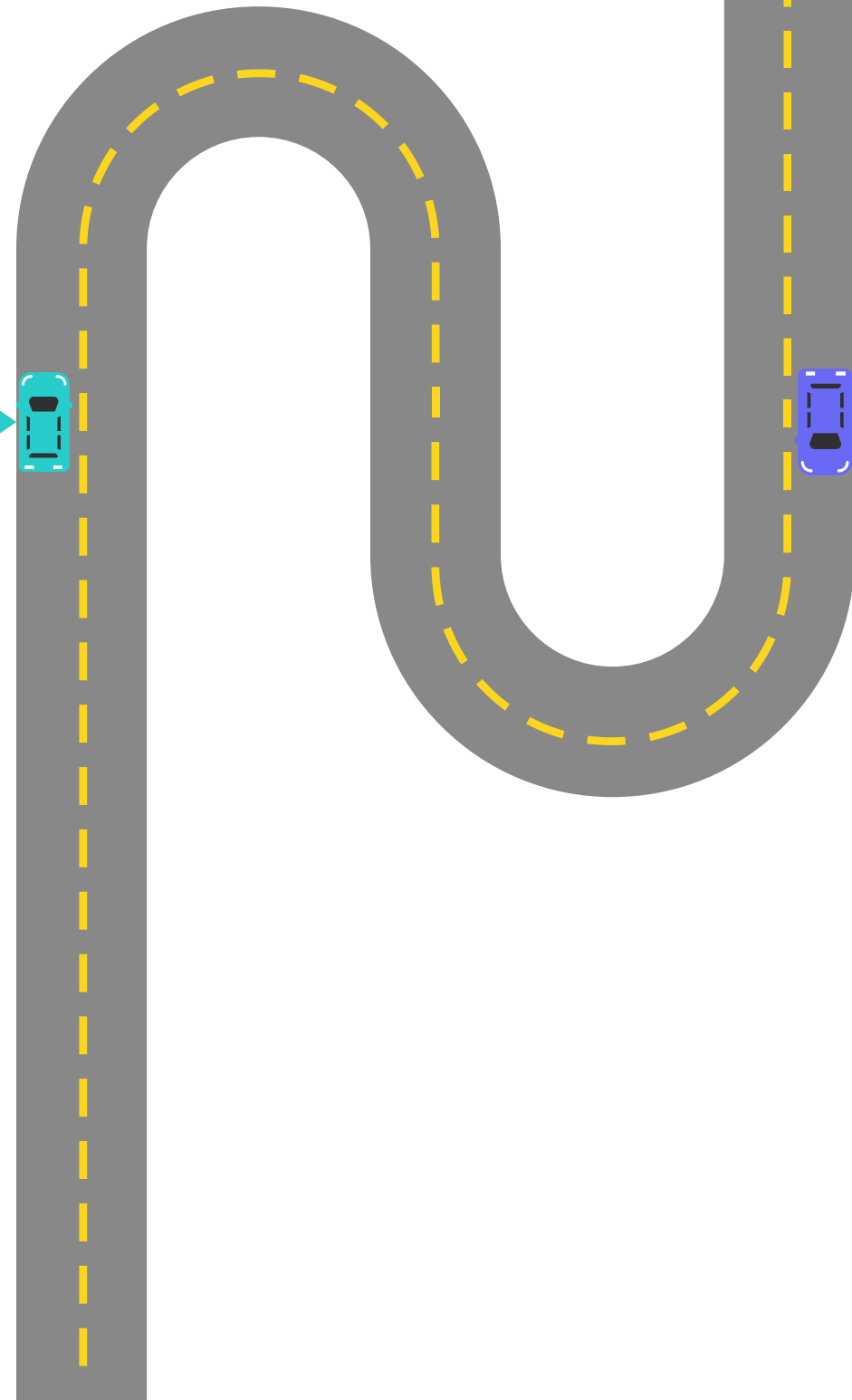
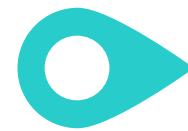


-  **Office on Aging**
\$61,744
-  **Individual Donors**
\$50,841
-  **City of Fort Collins**
\$50,000
-  **City of Loveland**
\$27,500
-  **Online Campaign**
\$21,554
-  **Grants**
\$9,828



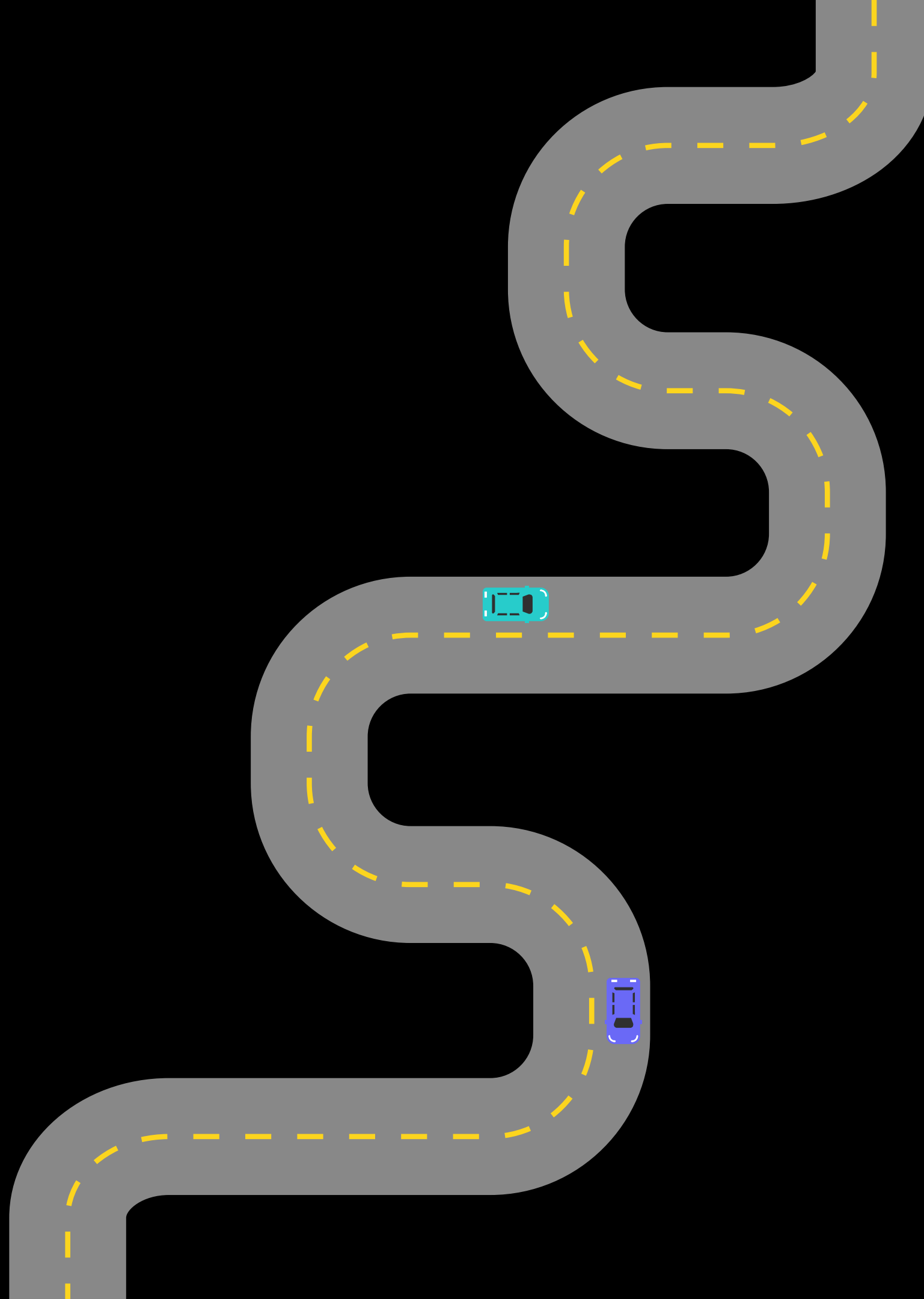
Engagement

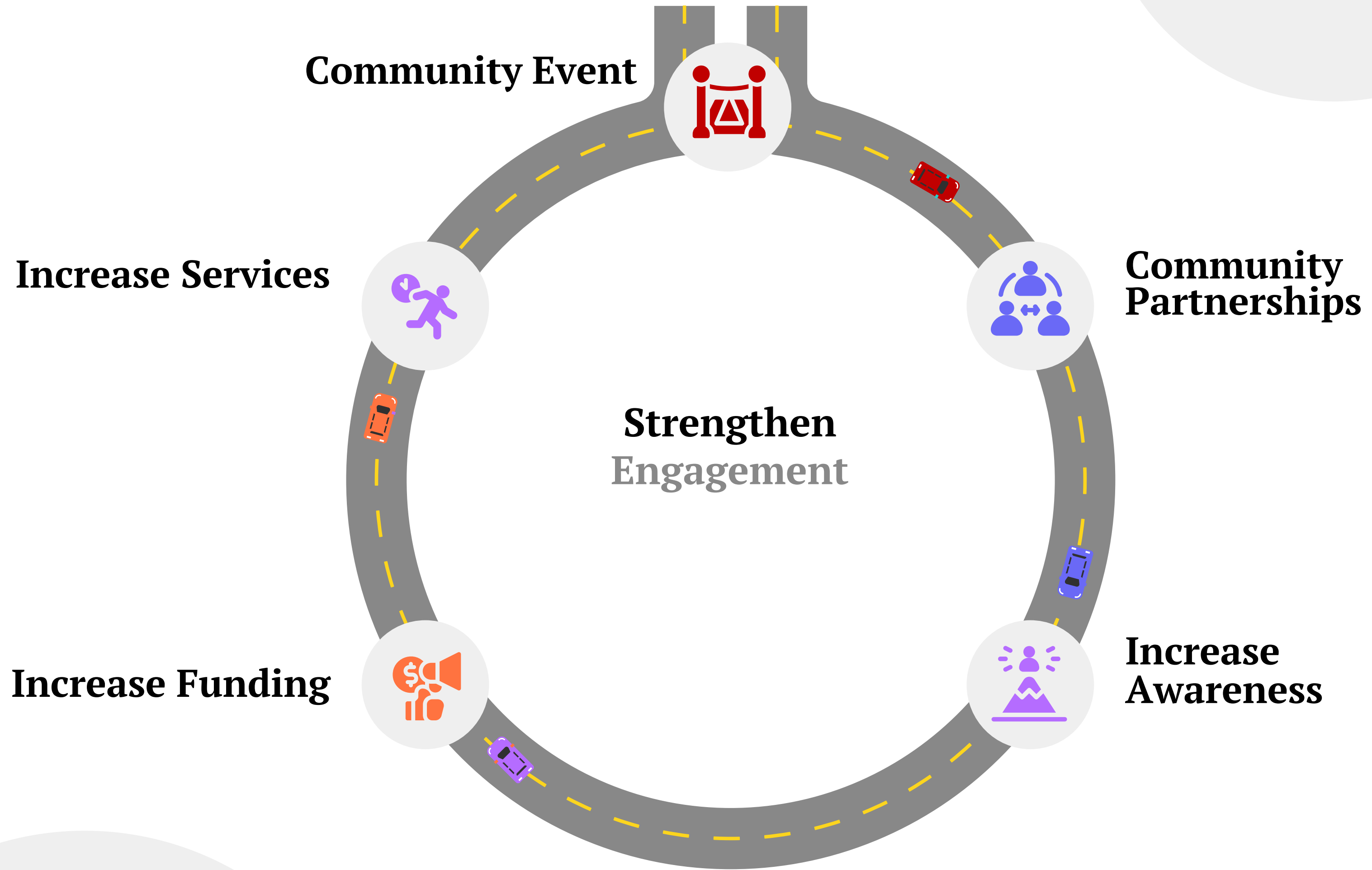
**Annual
Events**



**Community
Engagements
Events**







Sources

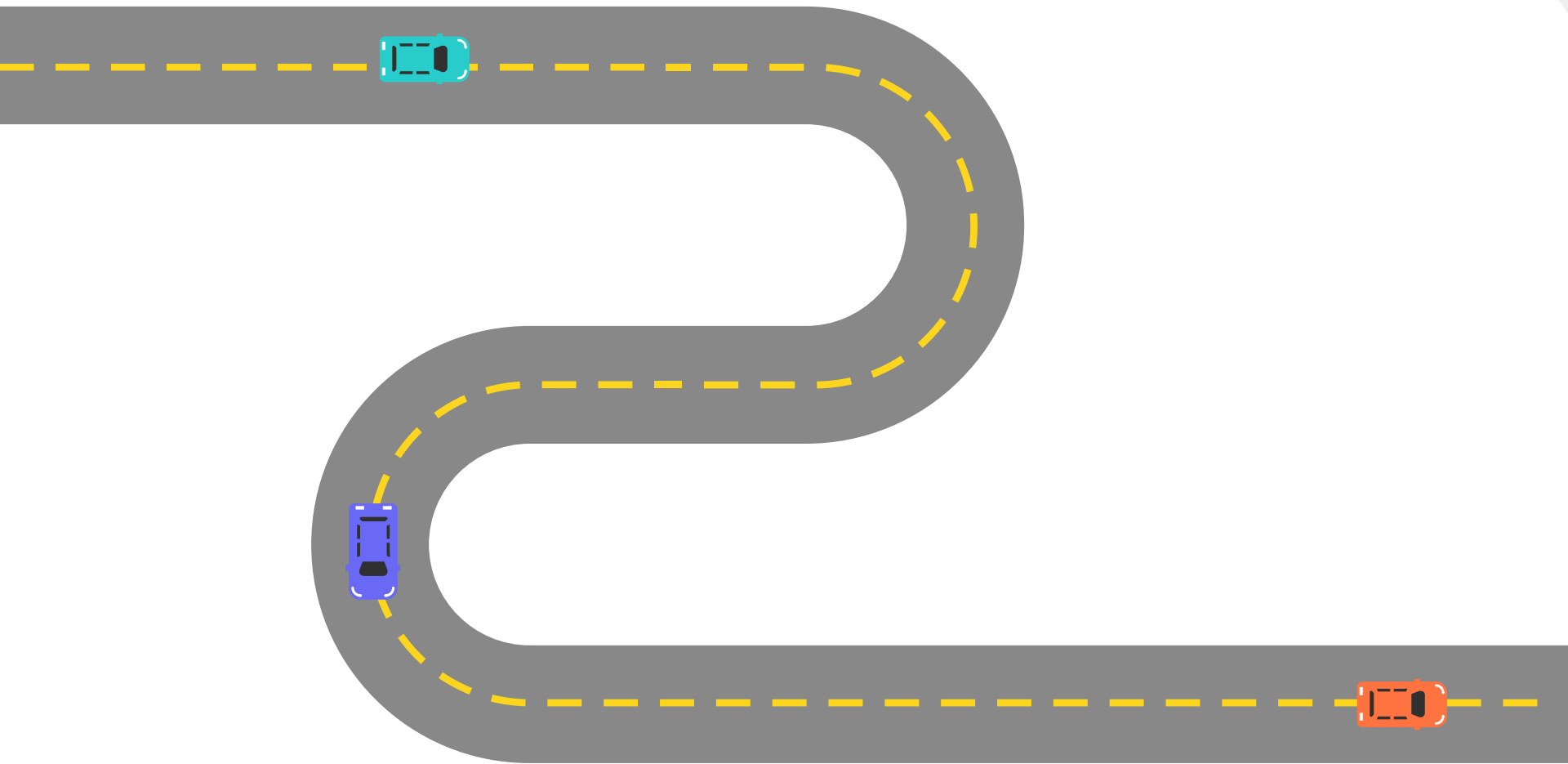
<https://www.psdschools.org/sites/default/files/PSD/communications/Long%20Range%20Planning/Poudre%20School%20District%202024.02.20.pdf>

https://www.larimer.gov/sites/default/files/larimer_county_office_on_aging_area_plan_2024-2027.pdf

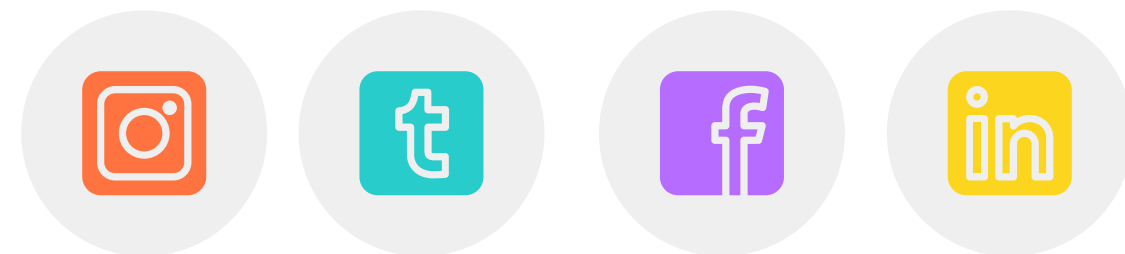
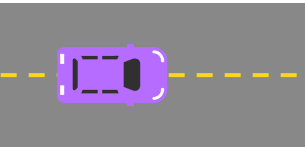
<https://www.c4a-colorado.org/wp-content/uploads/2023/01/CASOA-Larimer-County.pdf>

<https://fred.stlouisfed.org/release/tables?rid=479&eid=1198958#snid=1198959>

Credit for this slideshow template belongs to:
Slidesgo, Flaticon, & Freepik



CREDITS: This presentation template was created by
Slidesgo, and includes icons by **Flaticon**, and
infographics & images by **Freepik**



Please keep this slide for attribution



QUESTIONS?



**COMMUNITY FOUNDATION
OF NORTHERN COLORADO**

nocofoundation.org



THANK YOU



**COMMUNITY FOUNDATION
OF NORTHERN COLORADO**

nocofoundation.org



Partnership For Age-Friendly
Communities in Larimer County



Partnership For Age-Friendly Communities is a nonprofit 501(c)(3) organization committed to a more livable community for all as we age.

PAFC focuses on 4 strategic Community Priorities that significantly impact older residents. Our volunteer-led Community Committees work to build local collaboration, advocate, educate, provide & distribute information—all with a commitment to benefit the lives of older adults.

- Housing
- Mobility & Access
- Health & Wellness
- Culture of Aging

PAFC brings people together from across places, sectors, and generations to develop thoughtful solutions and foster meaningful collaboration.

We convene local leaders, passionate volunteers, governments, businesses, engaged residents, and non-profits to foster strong community collaborations necessary to plan, design, and implement sustainable strategies to enhance the quality of life for older adults in Larimer County.

Livable communities require a range of strategic efforts, from direct services to support older adults to the essential work of co-creation and collaboration. Convening provides opportunities to meet others in unplanned ways, and often, those unintended connections add critical value to the long-term solutions needed to address challenges.

For over 10 years, PAFC has been investing in a healthier Larimer County.



82,000 Larimer County residents are 60 years or older. The work we do directly touches the lives of thousands of people. PAFC is dedicated to helping older adults maintain independence and quality of life as they age.

Your financial support allows PAFC to advance community opportunities for aging.

Our Impact

The Age-Friendly Workplace Initiative presented to over 400 local business owners and Human Resource teams about the many benefits of hiring and retaining an age-diverse workforce including increased productivity and increased profitability. Served over 30 participants 55+ providing workforce employment.

In 2022, PAFC launched **Sound Affects** connecting professional musicians with underserved adults living in care facilities or at home. To date has provided 650 performances to 1500 residents in 35 facilities utilizing 178 musicians and 4 Artist Residencies.

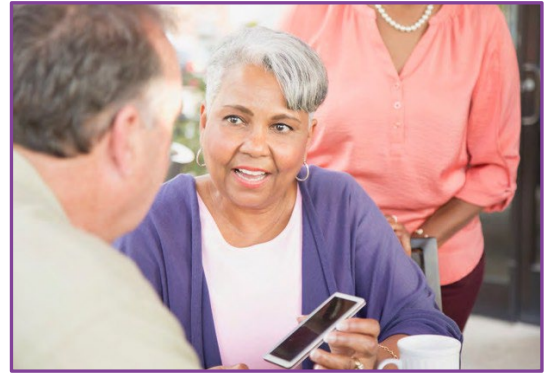
Twenty **Lunch and Learns** were provided to the community to share and promote available resources for older adults.



In 2023, over **88 volunteers** donated over 2,600 hours, fostering older adults to contribute their knowledge, skills, and experiences, fostering a sense of value and fulfillment.

Tech Buddy Support Program offers tech support to older adults within Larimer County. In 2023, PAFC served over 100 individuals with one on one person-centered tech support and trained two additional tech buddies.

In partnership with CSU's Center for Public Deliberation, a **genHerous** event brought seven generations of women together in conversation to talk about their lives, share advice, and build intergenerational connections with one another. genHerous fosters a compassionate perspective of ourselves and other women across generations.



Missing Middle Housing is a crisis in our community. PAFC produced a video that explains the issue and viable solutions to be explored. <https://youtu.be/78GuQerSCWAe>

The **Graceful Aging Insights Blog** is a team of local writers who contribute to monthly columns highlighting people's experiences related to aging.

PAFC produced **Larimer County Manufactured Home Resident Handbook** and distributed over 5,000 copies locally to residents

living in manufactured/mobile homes. This handbook helps residents find the right resources quickly and easily for assistance that is needed.

The **Lifelong Homes Initiative** is a collaboration with the CSU Institute for the Built Environment to stimulate more Lifelong homes in the community. PAFC is a member of the AARP Network of Age-Friendly Communities and Lifelong Colorado.

Your financial support allows PAFC to advance community opportunities for aging. As a nonprofit organization, Partnership for Age-Friendly Communities depends on the generosity of community support. Give today!



■ Contact us:



Pafclarimer.org
Lorye McLeod
ED@pafclarimer.org
(970) 310-4900

In 2023, over 88 volunteers donated over 2,600 hours, facilitating older adults to contribute their knowledge, skills, and experiences, fostering a sense of value and fulfillment.



Larimer County Candidate Forum

**The Partnership for Age-Friendly Communities is hosting a
Forum for State Legislative & County Commissioner candidates**

*This Forum made possible
by the financial support of*



**Take this opportunity to hear directly from the
candidates about issues focusing on the needs, concerns
and healthy aging of older adults in Larimer County.**

Thursday, October 10

2:00 – 4:30 pm

**Twinberry Auditorium - Fort Collins Senior Center
1200 Raintree Drive, Fort Collins, CO**

**For more information call (970) 310-4900 or
go to www.pafclarimer.org**



To register [Click Here](#)

or scan

